



# Northolt Phoenix Swimming Club

## Groups and Times

<b>GROUP</b>	<b>VENUE</b>	<b>DAYS</b>	<b>TIMES</b>
Learn To Swim Up to dippers 2	Horsenden School	Monday & Wednesday	6.30 – 8.00pm
		Tuesday & Thursday	6.00 – 7.30 pm
		Saturday	10.00 – 12.00pm
Dippers 3 Lane 1	Horsenden	Monday	8.00 – 8.30pm
	John Lyon	Wednesday	7.00-8.00pm
Dippers 3 Lane 2	John Lyon	Tuesday	7.00 – 8.00pm
	Horsenden	Wednesday	8.00 – 8.30pm
Dippers 3H	John Lyon	Monday	7.00 – 8.00pm
	Horsenden	Thursday	8.00 – 8.30pm
Dippers 4	John Lyon	Tuesday	7.00 – 8.00pm
		Wednesday	7.00 – 8.00pm
		Friday	6.30 – 7.15pm
Novice	John Lyon	Monday	7.00 – 8.00pm
		Wednesday	8.00 – 9.00pm
		Friday Lane 1	6.30 – 7.15pm
		Friday Lane 2	7.15 – 8.00pm
Intermediate	John Lyon	Monday	8.00 -9.00 pm
		Tuesday	8.00 – 9.00pm
		Friday	7.15 – 8.00 pm
Medley	John Lyon	Monday	8.00 – 9.00pm
		Tuesday	8.00 – 9.00 pm
		Wednesday	8.00 – 9.00pm
JC & SC	John Lyon	Monday	9.00 – 10.00pm
		Tuesday	9.00 – 10.00pm
		Wednesday	9.00-10.00pm
AC	John Lyon	Monday	9.00 – 10.00pm
		Wednesday	9.00 – 10.00pm