



PHOENIX NEWS

Northolt Phoenix Newsletter – March 2009

Easter Holidays

Swimming will continue as usual through the Easter Holidays. With the exception of all bank holidays - this applies to the May bank holidays as well. If you are going to be away please let us know.



PRESENTATION EVENING

The presentation evening was not a great success this time – far too many people were absent. This unfortunately meant that there were not enough people there to make it into the usual lively NP gathering. The result is that we will not be holding presentation evenings like this in the future unless you want us to. Please let us know by email to homes@talktalk.net exactly what you would like in the future.

NP Annual General Meeting

Our club constitution requires us to hold an AGM where all the officers of the club – Chair, Treasurer, Secretary Etc are elected. It is an ideal time for you to have your say on how the club is run and give us ideas for the future – even have a moan about things you don't like.

This year the meeting will be held in the Horsenden School Hall on **Thursday April 30th at 7pm.**

Attached to this newsletter is a nomination form to complete if you would like to stand for any of the officers posts on the committee.

Please complete the form and hand it to any one of the teachers or present committee members.

It is important to have a committee representative of the membership. Please consider putting yourself or someone you feel would be a good candidate forward for nomination.

ESC - Sponsored Swim

Held at Gurnell 28th March- 80 swimmers but none from NP – COME ON NORTHOLT WHERE IS YOUR SPIRIT!!!!!!!!!! WE ALWAYS SUPPORT THESE EVENTS REALLY WELL - WHATS HAPPENING?

Let's put this right by entering the Internal Summer Sprint Gala in force.

**SATURDAY
11th JULY**

February ACE Award Winners

JC – Chris May * Medley – Adam Doherty * Intermediate – Nya Wilson
Novices – Bobby Jervis * Dippers 4 – Phillip Simpson * Dippers 3R – Shaan Patel
Dippers 3M – Asad Butt * Dippers 3H – Jovan Poonia

WELL DONE !!!!!!!



Northolt Phoenix is a competitive swimming club and as such demands certain commitment from its members.

As part of Ealing swimming club, Northolt Phoenix can offer a pathway from Learn to swim to International swimming

Levels 1—5 are taught in the shallow water at Horsenden School

Level 6 - Swimmers will be expected to swim two sessions per week one session in shallow water and one in deep water.

Level 7 and up - Swimmers have three one hour sessions per week, ALL swimmers must swim at least two sessions and be available to swim in competitions where selected.

The squad programme is available to elite swimmers chosen if they wish to take their swimming career this far.

How far do you want to go?

Something to share

Early in 2006 Northolt Phoenix were looking for pool space to use during the Swimarama closure. We found Horsenden School.

We opened a learn to swim programme on 2nd March 2006 initially on one evening per week (we already had swimmers swimming learn to swim at Swimarama)

Through the doors on our first week came a five year old girl who was attending Horsenden School. She joined a Level one group.

This swimmer has progressed through our learn to swim programme and now at eight years old is the youngest swimmer in our medley group and has recently joined Ealing swimming club squad.

Our Learn to swim Programme at Horsenden has increased from one evening a week to four evenings a week and Saturday mornings, some sessions are close to full.

We attribute this success to our excellent team of teaching staff who are extremely committed to their swimmers and to getting the best out of each individual.

Could you or your child be our next potential squad swimmer? Come on Northolt Phoenix lets get a Rebecca Adlington or Michael Phelps!!!!

Well done Kymberley Morlese.



E.S.C. Northolt Phoenix Swimming Club

Annual General Meeting

Thursday 30th April 2009

Held in

Horsenden Primary School
Horsenden Lane
Greenford

At

7PM



A.G.M. 2009

NOMINATION FORM



Nomination for the post of _____

on the Executive Committee of Northolt Phoenix.

Name of Nominee: _____

Proposed by: _____

Seconded by: _____

N.B. Only those members over the age of 16 who have joined or rejoined the club with effect from 1st April 2009 will be eligible to vote.

Please complete and return this form to Hazel Homes (via your Teacher or Coach) by Thursday 23rd April 2009.

Elections will take place at the meeting for the following posts:

Chair, Vice Chair (both currently vacant), Treasurer, Secretary, Swimmers Representative & Parent Representative.

Meetings are held either monthly or bi-monthly.